

## 8D7N Tuscany and Umbria Vineyard Walks (EIFG)

Price per person  
from  
MYR 15996



### **Tour Description**

Embark on a journey of discovery with Sedunia Travel! Experience unique destinations, local culture, delicious cuisine, and unforgettable adventures. Our expert planners will take care of everything. Book now!

### **Tour Itinerary**

## Day 1 :- Tuscany

With golden light stretching across the rolling green hills, the Tuscan countryside is calling. The pace here is slower, coinciding with the wine produced in the region which is meant to be savoured rather than gulped. Throughout this picturesque adventure, move through Tuscany and Umbria by walking from village to village. Your first day sees you begin the trek in the village of Strove walking the Via Francigena until you cross the Elsa River on foot, wading ankle deep in the blue water. Welcome to Tuscany, and to Italy, we invite you to find your inner serenity in the countryside.

Lunch

## Day 2 :- Tuscany

Monteriggioni is your quintessential Tuscan medieval walled village. Follow part of the ancient Francigena way; step back in time as you walk past donkeys in green pastures and lush bushes as the Tuscan countryside unfolds before you.

Breakfast Lunch

## Day 3 :- Tuscany

Chianti, recognized for its namesake red wine, lies between Florence and Siena in the very centre of Tuscany. Begin the trek from Montefioralle- a small town forming the perimeter around an historic castle. Trek from the wavy hills of the Chianti region, along the dusty dirt road that winds through rows of vineyards and the silvery foliage of olive groves, before reaching the provincial road that leads to the hamlet of Panzano. Your reward for another beautiful walk? Lunch at a local winery with a pairing of local wines of course.

Breakfast Lunch Dinner

## Day 4 :- Tuscany

From medieval village to medieval village, through the vineyards of Chianti, your walking today sees you leaving Volpaia walking up towards Monte Querciabella, the highest point of the day. Carry on to Poggio del Quercetino and then downhill to Lamole, famous for its terraced vineyards, where you take a luscious rest in the form of a picnic lunch among the vines.

Breakfast Lunch Dinner

## Day 5 :- Tuscany

UNESCO World Heritage site Val d'Orcia extends from the provinces of Siena to Grosseto, offering up some of Tuscany's most picturesque vistas. The Pienza loop trail begins in historic Pienza, a Renaissance city commissioned by Pope Pius II. From Pienza, pass the Romanesque parish church of Corsignano as you make your way through the green and gold undulating hillside dotted with cypress trees. After a short time, enter the Strada dei Gladiatori, the exact setting of the panoramic countryside scene from Ridley Scott's film 'Gladiator'.

Breakfast

## Day 6 :- Umbria

Walking the Italian countryside is the ultimate gift to yourself. Taking the time to step away from the hustle of your everyday life to intentionally move at a slower pace. Italy is about living and eating well. Speaking of eating, it's time to spend the morning with a local chef learning to prepare some of Italy's most loved dishes. A tagliatelle with ragù perhaps, or a creamy tiramisù. Buon Appetito!

Breakfast Lunch

## Day 7 :- Rome

Admittedly, Rome is one of those cities that is pretty OMG worthy on its own. If you have an entire week, it's a great city to get lost in, wandering from neighbourhood to neighbourhood. To make the most of your time in Rome, you get to choose between a walking tour or a fully guided Vespa tour. No matter which way you choose to explore Rome, you will experience the very best the city has to offer.

Breakfast Dinner

## Day 8 :- Rome

Your adventure has come to an end, and you can depart at any time

Breakfast

## Tour Prices

Travel Period	Twin	-	-	-	-
April 2026: 20	RM 15,996				
May 2026: 18	RM 18,396				
June 2026: 22	RM 17,596				
September 2026: 7, 29	RM 18,396				
October 2026: 5	RM 18,396				
October 2026: 20	RM 15,996				

## What's included

**Destination** [Italy](#)  
**Departure Location** Florence  
**Return Location** Rome

### Price includes

- 7 nights accommodation
- Meals as per itinerary
- Excursions as per itinerary
- All transport between destinations and to/from included activities.
- All tips for meals and activities, except for CEO and portorage.

### Price does not include

- International air ticket
- Travel insurance
- Others not mentioned