

## 16D15N Costa Rica Adventure (CRA)

Price per person  
from  
MYR 9460



### Tour Description

Embark on a journey of discovery with Sedunia Travel! Experience unique destinations, local culture, delicious cuisine, and unforgettable adventures. Our expert planners will take care of everything. Book now!

### Tour Itinerary

## **Day 1 :- San José**

Arrive at any time.

## **Day 2 :- San José/Quepos**

Travel from San José to the coast and the city of Quepos, located just outside of Manuel Antonio National Park. Enjoy a couple of days in the area with plenty of time to explore and to relax on the beach.

The small town of Quepos is on the Pacific Coast and this region of Costa Rica is a great place to relax and enjoy the sun and nearby sea. A short distance away, Manuel Antonio National Park offers beautiful white-sand beaches and warm turquoise water, ideal for swimming, fishing, kayaking, boogie boarding, sailing or surfing.

## **Day 3 :- Quepos**

Discover the lush tropical forests and white-sand beaches of Costa Rica's smallest national park. Hike through the dense forest, climb up to rocky outcrops for views of the dazzling Pacific Ocean, and go swimming in the park's lovely lagoons and tidal pools. Later, enjoy some free time at the beach. Opt go kayaking through mangroves, take a surf lesson or cruise along the coast on a dolphin-spotting sunset sailing excursion.

Pre-book the Manuel Antonio Catamaran Tour on the checkout page to include this optional activity on your tour or ask your GCO or travel agent for assistance.

## **Day 4 :- Quepos/Monte Verde**

Travel from Quepos to Monte Verde and into the cool mountain air of the area. Upon arrival you will have free time to relax from the long day of travel or opt to go on a guided night walk in the cloud forest to learn all about nocturnal life.

Ascend to the Monte Verde cloud forest region. Spend a couple of days exploring the town and a cloud forest reserve, truly a bird lover's paradise. This unique community has several cooperatives worth visiting.

Optional activities include the Sky Walk, a series of suspension bridges through the jungle canopy, a butterfly garden, a thrilling canopy zipline, and a guided walk through the cloud forest at night.

## **Day 5 :- Monte Verde**

Enjoy a free day to explore the cloud forest region of Costa Rica. Opt to fly across canopy ziplines or tour a coffee plantation.

Get your adrenaline pumping and pre-book the Costa Rica Adrenaline Bundle on the checkout page to include this optional activity on your tour or ask your GCO or travel agent for assistance.

## **Day 6 :- Monte Verde/La Fortuna**

Travel from Monte Verde to La Fortuna. Enjoy free time for optional activities such as whitewater rafting, waterfall rappelling, or relaxing in local hot springs.

La Fortuna, the town near the foot of Arenal Volcano is an excellent base for adventure. Hike the area's nature trails, swim in chilly La Fortuna waterfall or go canyoning (rappelling) and catch a bird's eye view of the forest greenery.

## **Days 7–8 :- La Fortuna**

Enjoy two free days in La Fortuna. Optional activities abound.

Optional activities include full-day whitewater rafting on the Toro or Arenal Rivers, mountain biking, caving, horseback riding, or a tour of the Caño Negro Wildlife Refuge. Like much of Costa Rica, the area is a birders' paradise, with over 600 species as permanent residents. Finally, after a long day of exploring, you can choose to take a relaxing soak at Baldi Hot Springs.

## **Day 9 :- La Fortuna/Sarapiquí Rainforest**

Enjoy an included visit to a G Adventures-supported coffee cooperative with a local lunch before heading to a jungle oasis in the Sarapiquí Rainforest.

Visit a coffee cooperative in the small village of San Miguel de Sarapiquí and take a traditional coffee tour. Enjoy a local lunch here— there's even fresh tilapia farmed on site— and then tour the grounds of the cooperative to learn about the coffee process from bean to cup.

## **Day 10 :- Sarapiquí Rainforest**

Enjoy a day in the beautiful Sarapiquí Valley. Optional activities (all included in our overnight package, weather-dependent) include swimming in the river, night walks, an empanada-making lesson or relax and listen to the sounds of the surrounding rainforest.

### **Day 11 :- Sarapiquí Rainforest/Tortuguero**

Head to Tortuguero. Opt to visit the nesting grounds of the green and leatherback turtles at night (seasonal).

The journey to Tortuguero is half the adventure. Board a private van, and finish it off with a journey by boat.

Tortuguero is a fantastic place to see wildlife even when turtles aren't in season.

### **Day 12 :- Tortuguero**

Enjoy free time to explore Tortuguero. Opt to kayak through the canals and view the wildlife, wake up early and head to the beach to watch turtle eggs hatch (seasonal), or just wander through the town.

### **Day 13 :- Tortuguero/Puerto Viejo de Talamanca**

Head to Puerto Viejo de Talamanca. Enjoy free time to explore paradise. Opt to hike to Punta Mona, go snorkelling in the Caribbean, or take it easy and explore La Isla Botanical Gardens before hitting the beach.

A morning boat ride and drive ends in Puerto Viejo de Talamanca, with spectacular scenery en route. This seaside town is perfect for relaxing or exploring the Manzanillo National Wildlife Refuge.

The picturesque village of Puerto Viejo de Talamanca's 14 kms of incomparable white- and black-sand beaches are surrounded by exotic tropical vegetation.

Opt to hike to Monkey Point, go snorkelling, or take it easy and explore La Isla Botanical Gardens.

### **Day 14 :- Puerto Viejo de Talamanca**

Hop on a bike and ride to the beach with our CEO. Enjoy a full day exploring this slice of paradise in Puerto Viejo. In the evening, opt to find the best place to watch the sunset and don't forget to try some fantastic Afro-Caribbean cuisine.

### **Day 15 :- Puerto Viejo de Talamanca/San José**

Enjoy free time in the morning before heading back to San Jose for the final night with the group.

Take a bus ride over the mountains back to the capital.

## **Tour Prices**

Travel Period	Twin	-	-	-
January 2024: 8	RM11760			
March 2024: 2, 4, 6, 7, 9, 11, 13, 14	RM11020			
March 2024: 16, 18, 20, 21, 23, 25, 28, 30	RM11760			
April 2024: 3, 8, 11, 13, 15, 17, 18, 20, 22, 24, 25, 27, 29	RM9460			
May 2024: 2, 4, 9, 11, 18, 23, 25	RM9460			
June 2024: 1, 8, 15, 22, 27, 29	RM9460			
July 2024: 1, 3, 4, 6, 8, 13, 15, 18, 20, 22, 24, 25, 27	RM9460			
August 2024: 1, 3, 10, 15, 24	RM11020			
August 2024: 31	RM11760			
September 2024: 7, 12, 14, 21, 26, 28	RM9460			
October 2024: 5, 10, 12, 19, 26, 31	RM9460			
November 2024: 2, 4, 7, 9, 11, 14	RM9460			
November 2024: 16, 21, 23, 25, 28, 30	RM11020			
December 2024: 2, 5, 7, 9, 12, 14	RM11020			
December 2024: 16, 19, 21, 23, 26, 28, 30	RM11760			

What's included

Destination	<a href="#">Costa Rica</a>
Departure Location	San Jose
Return Location	San Jose

Price includes

- 15 days accommodation
- ~ 4 breakfasts
- 4 lunches
- 4 dinners
- Round trip airport-hotel transfer
- ~ Transport to/from all included activities and between all destinations
- ~ Attractions as per itinerary
- Meals as per itinerary

Price does not include

- Travel insurance
- Optional activities
- Tipping
- Others not mentioned