

7D6N Wellness Iceland (ELRRW)

Price per person
from
MYR 16655



Tour Description

Embark on a journey of discovery with Sedunia Travel! Experience unique destinations, local culture, delicious cuisine, and unforgettable adventures. Our expert planners will take care of everything. Book now!

Tour Itinerary

Day 1 :- Arrive Reykjavik

Arrive at any time. Enjoy an included airport transfer to your Reykjavik hotel and join the group for a welcome meeting. Take this opportunity to set your intention for the trip ahead.

Day 2 :- Reykjavik

Enjoy a CEO-led morning hike to Öskjuhlíð Hill. The rest of the day is yours to explore Reykjavik. Opt to visit the Nautholskvík Geothermal beach or Vesturbæjarlaug pools. Hop on a bike for a city tour of Reykjavik or go whale watching.

Day 3 :- Reykjavík - Hveragerði

Leave the city behind and explore the famous Golden Circle. Explore and practice yoga in Þingvellir National Park. Afterwards, take some time to relax and soak in natural pools and hot springs, then visit a local bakery for a rye bread geothermal baking demonstration. Later in the afternoon, visit the Geysir Hot Springs and the Gullfoss waterfall.

Day 4 :- Hveragerði

Enjoy a morning hike around the Reykjadalur area. Take in the stunning landscapes, explore natural hot springs, and enjoy a CEO-led meditation. In the evening, visit a nearby horse farm and enjoy a dinner of locally-sourced produce.

Day 5 :- Hveragerði

Start the day strapping on your crampons for a glacier hike on Solheimajokul glacier. Later, enjoy a mantra meditation practice on the famous Reynisfjara black sand beach. Explore some of Iceland's most famous waterfalls, including Skogafoss and Seljalandsfoss and take time for inner reflection with a guided meditation session.

Day 6 :- Hveragerði

Start the day with a yoga practice at the largest lake on the Reykjanes peninsula, renowned for its depth. Spend the rest of the day exploring the beautiful Reykjanes peninsula, including colourful geothermal areas, dramatic coastal cliffs, and a footbridge spanning two continents, before enjoying a farewell dinner together.

Day 7 :- Hveragerði - Depart Reykjavík - Arrive Kuala Lumpur

Following a morning restorative yoga practice, head to the Blue Lagoon. Enjoy one last soak or opt for a treatment, before heading to the airport with your included airport transfer for your flight home.

Tour Prices

DATE	-	PRICE	-	-
21 May 2023		RM16655		
4 & 18 Jun 2023		RM17635		
2, 16 & 30 Jul 2023		RM17635		
13 & 27 Aug 2023		RM17635		
10 & 24 Sep 2023		RM16655		

What's included

Destination	Iceland
Departure Location	Reykjavik
Return Location	Kuala Lumpur

Price includes

- 6 nights' accommodation
- ~ Yoga Practice in Thingvellir National Park
- Þingvellir
- ~ Rye Bread Cooking Class
- Laugarvatn
- ~ Geothermal Baths
- ~ Locally-Sourced Farm Dinner
- Hveragerði
- ~ Black Sand Beach Mantra Meditation
- Reynisdrangar
- ~ Waterfall Guided Meditation
- Seljalandsfoss
- ~ Geothermal Rift Lake Yoga
- Kleifarvatn
- ~ Restorative Yoga
- Hveragerði. Arrival airport transfer. Öskjuhlíð Hill hike.
- ~ Golden Circle sightseeing.

Price does not include

- Tipping
- Personal expenses
- Others not mentioned