

## 4D3N Chiva-Som Wellness Retreat

Price per person  
from  
**MYR 12151**



### **Tour Description**

Embark on a journey of discovery with Sedunia Travel! Experience unique destinations, local culture, delicious cuisine, and unforgettable adventures. Our expert planners will take care of everything. Book now!

### **Tour Itinerary**

## Day 1 :- Arrive Bangkok - Chiva-Som (Hua Hin)

After a chauffeured limousine ride to the resort, you're welcomed with a jasmine and rose garland, iced lemongrass tea, and a cold towel in the open-air lounge overlooking the lake. A buggy ride to your room offers a scenic view of the resort's gardens. Once settled, you meet with a Health and Wellness Advisor to review your medical history, set goals, and customize your treatment program. Your dietary needs are communicated to the kitchen. Each day, you can select a complimentary treatment such as a Thai massage or skin polish, ensuring a rejuvenating stay.

Dinner

## Day 2 :- Chiva-Som

Wake up feeling rejuvenated in a serene environment. Start your day with beachside Tai Chi, yoga in lush gardens, or a wellness cuisine breakfast at Taste of Siam overlooking the Gulf of Thailand. Enjoy international dining at the Emerald Room for lunch, or a vegetarian menu by the ocean. Relax by the outdoor pool or use facilities like the steam room, sauna, and Jacuzzi. Consult with doctors and wellness experts for personalized health advice. End your day with a meal at one of the resort's restaurants, and if it's Saturday, join the themed evening BBQ buffet at Taste of Siam.

Breakfast Lunch Dinner

## Day 3 :- Chiva-Som

By now, you may already be feeling the benefits of your wellness transformation. You will be comfortable with your routine, sleeping well, relaxed and enjoying your treatments. The outside world and its electronic distractions will not be missed and you will have learnt a lot about your body and mind. Your journey continues.

Breakfast Lunch Dinner

## Day 4 :- Chiva-Som (Hua Hin) - Depart Bangkok

After breakfast, free at own leisure until the time for check-out. After check-out, proceed the journey back to Kuala Lumpur

Breakfast

## Tour Prices

Category	Low Season	Mid Season	High Season	-
Ocean Room	RM 13517	RM 16730	RM 18107	
Ocean Deluxe	RM 14435	RM 17648	RM 19025	
Ocean Premium	RM 14895	RM 18107	RM 19485	
Thai Pavilion	RM 15812	RM 19025	RM 20402	
Anchan	RM 16730	RM 20402	RM 21779	
Juniper Suite	RM 23615	RM 28665	RM 30960	
Patchouli Suite	RM 24533	RM 29583	RM 31878	
Thai Pavilion Suite	RM 24992	RM 30042	RM 32337	
Champaka Suite	RM 30501	RM 36927	RM 40599	
Leelawadee Suite	RM 46567	RM 56207	RM62175	

## What's included

Destination	<a href="#">Thailand</a>
Departure Location	Hua Hin
Return Location	Hua Hin
Price includes	

- Accommodation
- Return Private Airport Transfers (BKK/DMK)
- Post-stay wellness follow-up (optional)
- Complimentary in-room minibar
- Complimentary laundry (four pieces/day)
- Full Board Meals

**Price does not include**

- International air ticket
- Travel insurance
- Others not mentioned