

32D31N Central America in Seven Countries: Mexico to Costa Rica (CMPS)

Price per person
from
MYR 14450



Tour Description

Embark on a journey of discovery with Sedunia Travel! Experience unique destinations, local culture, delicious cuisine, and unforgettable adventures. Our expert planners will take care of everything. Book now!

Tour Itinerary

Day 1 :- Playa del Carmen

Arrive at any time. After the welcome meeting choose to join your fellow group members for an optional evening out.

Day 2 :- Playa del Carmen

Spend a full free day in the area! Opt to visit the Mayan ruins of Tulum or snorkel off the coast of nearby Cozumel. For a more laid-back day, choose to enjoy the beach.

Day 3 :- Playa del Carmen - Caye Caulker

Travel from Mexico across the border into Belize today, which boasts huge swaths of jungle, ancient Mayan ruins, and above all, friendly, easy-going people. During the drive, picture the unbelievably clear blue waters and the opportunities you will have over the next few days for diving and snorkelling along the barrier reef.

Day 4 :- Caye Caulker

Enjoy a free day in Caye Caulker. Choose to snorkel at Hol Chan Marine Reserve, keeping a lookout for stingrays and nurse sharks. You can also choose to go diving, or just chill out on the beach.

Day 5 :- Caye Caulker

Another full day of free time will allow you to participate in any optional activities in the area that you didn't have time for yesterday.

Day 6 :- Caye Caulker - San Ignacio

Cross back to the mainland of Belize via boat and travel by bus inland to San Ignacio. Along the way the group will stop for an included pottery demonstration and a typical lunch at a G Adventures-supported women's pottery cooperative.

[Lunch](#)

Day 7 :- San Ignacio

Enjoy a day at leisure to experience the surroundings of San Ignacio. Choose to visit the Sacred Mayan cave Actun Tunichil Muknal, or set your eyes on the lesser-visited Xunantunich Mayan ruins.

Day 8 :- San Ignacio - Flores

While this trip is fast-paced, there will be some opportunity to rest on today's drive as the group crosses another border and travels to Guatemala. Enter the country in the northeast jungle Petén region and stop for a guided tour of the ancient city of Tikal on the way to Flores. This place is the capital of Petén, a small island located on the second largest lake in Guatemala—Lake Petén Itzá.

Day 9 :- Flores - Rio Dulce

Travel for most of the day from Flores to Rio Dulce, which is on the shores of Lake Izabel, the largest lake in Guatemala. This journey across the country will take a road through dense jungle arriving at this port town in the evening.

Day 10 :- Rio Dulce

Sit back and marvel at the scenery on a boat ride from Rio Dulce to the Caribbean town of Livingston. Make a stop at the G Adventures-supported El Manglar Restaurant for an explanation of the women-led community initiative project there. Walk around the grounds and then gather for a delicious lunch steeped in local flavours.

[Lunch](#)

Day 11 :- Rio Dulce - Antigua Guatemala

Spend most of the day travelling from Rio Dulce to Antigua, Guatemala. Rest up on the ride because upon arrival the group will set off on an orientation walk. The rest of the evening is free. Get a head start planning tomorrow's activities or enjoy this colonial city's nightlife.

Day 12 :- Antigua Guatemala

The group will have a full day at leisure in Antigua. From biking riding to climbing a volcano there's plenty to see and do. Stay in town and café hop as a way to soak up the area's culture.

Day 13 :- Antigua Guatemala - Panajachel

Visit beautiful Lake Atitlán after travelling through the country's highlands full of fertile hills and fields. The area is ideal for outdoor activities and you will have plenty of time to explore.

Day 14 :- Panajachel - San Juan La Laguna

Take a boat ride across the lake before taking part in a G Adventures-supported homestay with a local family.

Dinner

Day 15 :- San Juan La Laguna - Antigua Guatemala

The group will journey back to Antigua and spend some free time exploring. Optional activities include visiting a macadamia nut farm, checking out a coffee plantation, biking around Antigua's surrounding hills, or taking a salsa lesson.

Day 16 :- Antigua Guatemala

Relax in Antigua on your own! Opt to book a massage, hop on a bike and ride through the nearby hills, visit a local farm, or climb a volcano.

Day 17 :- Antigua Guatemala - Copán

Cross the border today between Guatemala and Honduras as the group travels to the town of Copán Ruinas. Arrive in the colonial highland town in the evening and soak up this gorgeous location set along a river in the coffee growing region.

Day 18 :- Copán

Enjoy a full free day to explore Copán on your own. Choose to visit the nearby ruins and see some lesser known Mayan sites along the way. You can also choose to visit the countryside where you'll find hidden jungle hot springs to soak in.

Day 19 :- Copán - Suchitoto

The journey today, while long, will also be a good way to catch up on some rest. Drive from Honduras back into Guatemala briefly before crossing the border to El Salvador where the group will stay in the colonial town of Suchitoto. Choose to try pupusas tonight, a local Salvadorian specialty and a great treat after a long day of travel.

Day 20 :- Suchitoto - La Libertad Region

Spend the morning at leisure in Suchitoto and then it's off to the coast and the La Libertad region. Catch a stunning sunset in a small surf town and opt to grab a cold drink after a day's journey complete.

Day 21 :- La Libertad Region

This full free day is perfect for optional beach activities in the area. Opt to book a surf lesson, try fresh ceviche at the fish market, visit the Tamanique waterfalls, or relax on the beach.

Day 22 :- La Libertad Region - León

Leave El Salvador and transfer by land and sea to Nicaragua. The group will arrive to colonial León for a short orientation walk in the evening.

Day 23 :- León - Granada

Continue on towards Granada today, where you'll see the city's colourful colonial buildings during an orientation walk. Surrounded by active volcanoes and lakes, this place is perfect for hiking and outdoor activities. Get to know the town and opt to go out with the group.

Day 24 :- Granada

Get out and explore the charms of Granada during your full free day. Visit the local markets and museums. Choose to try kayaking in Lake Nicaragua or go for a swim in Laguna de Apoyo. You could also go for a walk in the forest at the top of Mombacho Volcano.

Day 25 :- Granada - Isla de Ometepe

Cross Lake Nicaragua by ferry to arrive at Ometepe Island, formed from two volcanoes in the middle of the lake. Here, take part in a 2-night G Adventures-supported community homestay among different local families. This experience will give you a chance to experience how rural Nicaraguans live.

Dinner

Day 26 :- Isla de Ometepe

Explore Ometepe on your own. Choose to climb Volcano Concepción or Volcano Maderas, spend time with the local host families, or view petroglyphs left by the island's original inhabitants. You can also choose to walk or kayak in Charco Verde reserve, travel the island by bicycle, or lounge out on the beach.

Breakfast Dinner

Day 27 :- Isla de Ometepe - Monteverde

Travel by ferry back to the mainland and drive across the border into Costa Rica. The final destination today is the cloud forest environment of Monteverde. Sitting 1,400 meters above sea level, Monteverde is literally in the clouds and home to unique and diverse flora and fauna.

Breakfast

Day 28 :- Monteverde

The day is free for any optional activities in the area. Options include a visit to a cloud forest reserve, ziplining through the jungle canopy, or visiting a coffee plantation. There's also horseback riding in the mountains or hiking along local trails.

Day 29 :- Monteverde - La Fortuna

Leave the cloud forest behind and travel down towards sea level and across Costa Rica's largest lake to the town of La Fortuna at the base of the Arenal Volcano. Once here, choose your activities; canyoning, white water rafting, hiking, caving, horseback riding, paddle boarding, kayaking, and visiting a wildlife refuge are just some of the fun options you could try.

Day 30 :- La Fortuna

Partake in any of the activities you didn't get to try yesterday. From canyoning to rafting, the possibilities feel endless.

Day 31 :- La Fortuna - San José

Travel through the mountains to San José and spend a free night out in the capital. From beautiful parks to museums and theatres there's plenty to see.

Day 32 :- San José

Depart at any time.

Tour Prices

Travel Period	Twin	Single Supplement	-	-	-
August 2025: 7, 23	RM 15,185	On Request			
September 2025: 4, 25	RM 14,450	On Request			
October 2025: 9	RM 14,450	On Request			
November 2025: 25	RM 15,430	On Request			
December 2025: 9, 11	RM 14,769	On Request			
December 2025: 23	RM 16,410	On Request			
January 2026: 17	RM 16,410	On Request			
February 2026: 3, 12	RM 16,410	On Request			
April 2026: 16	RM 15,430	On Request			
May 2026: 9, 21, 28	RM 14,450	On Request			
June 2026: 13, 18	RM 14,450	On Request			

What's included

Destination

Departure Location

Return Location

Price includes

[Mexico](#)

Playa del Carmen

San José

- Accommodations
- Meals as per itinerary
- Transportation

Price does not include

- International air ticket
- Travel insurance
- Others not mentioned above

Additional Information

Travel Style: Classic

All of the highlights, culture, access, and I-can’t-believe-we-did-that moments, all at a great price.

Service Level: Basic

Simple and clean hotels and hostels; affordable public and private transport; lots of optional activities.

Physical Rating: 2 - Light

Light walking and hiking suitable for most fitness levels. Nothing too challenging.