

## 7D6N Solo-ish Ecuador

Price per person  
from  
MYR 4721



### Tour Description

Embark on a journey of discovery with Sedunia Travel! Experience unique destinations, local culture, delicious cuisine, and unforgettable adventures. Our expert planners will take care of everything. Book now!

### Tour Itinerary

## Day 1 :- Dinner Party: Quito

Enjoy an included arrival transfer to the start hotel in Quito where you will attend a welcome briefing with your newest travel companions. Then, head out on foot through the city streets to your hands-on cooking experience with the entire group. Listen to instructions from a talented local chef and enjoy stories throughout the lesson about the various ingredients and dishes you are working on creating. Witness the joy of sharing a meal prepared together and come away with new knowledge of Ecuador's culinary tastes and traditions.

Dinner

## Day 2 :- We Day: Quito

Today is all about the landscapes and communities of Ecuador. Start the day with a city tour of Quito and walk past important sites like the golden Compañia Church, San Francisco Square, and the Panecillo, a towering statue of the virgin of Quito. Then dive deeper into the meaning of community with an intriguing chocolate tasting experience through a locally-owned establishment that prioritizes the values of Minka, a tradition of collective labour that supports many social and infrastructure projects. Enjoy an included lunch afterwards featuring many traditional local dishes and continue to the Intiñan museum to explore the scientific riches only found on our planet's equatorial line. Enjoy a free evening back in Quito.

Breakfast Lunch

## Day 3 :- G Day: Cotopaxi & Baños

Prepare to experience what G Adventures does best and enjoy an epic adventurous day in Cotopaxi National Park with a surprise G twist occurring somewhere along the way. Depart from Quito in the morning and enjoy a day immersed in the wilds of this high Andean ecosystem. Highlights include a visit to Limpiopungo Lake featuring picturesque views of the Cotopaxi volcano. If feeling up for it, travellers can hike up to the refuge at 4800m to get closer to the volcano, or simply enjoy the beautiful surroundings at the lagoon. On the way out, visit an old military fortress built on a hilltop and offering 360-degree views of the surrounding landscape. From here travel to Baños for an orientation walk through the abundantly green surroundings, and be on the lookout, for an unexpected surprise to cap off G Day.

Breakfast Lunch

## Day 4 :- Me Day: Baños

It's time for a day that belongs to you! The choice really is all yours. From spending the day doing an array of optional activities available like hiking to the Pailon del Diablo or soaking in the local hot springs. You'll also have the option of joining your CEO for a visit to the famous Casa del Arbol perched on a hilltop overlooking epic views of the Tungurahua volcano on a clear day. Dinner will be on your own this evening amid the lush scenery of Baños.

Breakfast

## Day 5 :- Banos - Tena

Travel away from the misty green foliage of Baños to the lush Amazon Jungle and your community lodge stay in the rainforest. Here, you'll enjoy the hospitality of the local indigenous people of Shandia and experience life in the jungle firsthand. Once you arrive the group will cycle through the community and discover the beauty of the area with a local member as your guide. Your lodge stay is operated by the people of Shandia, who are committed to providing guests with a sustainable and authentic experience. After the bike ride and delicious lunch, the group will embark on a village walk and tour the cacao plantation here. Learn more about the cultivation process and the traditional chicha drink, which you can try a taste of. This is followed by an included dinner at the lodge.

Breakfast Lunch Dinner

## Day 6 :- Tena

Enter into the rainforest today during a jungle walk led by a member of the lodge's community. Learn more about the plants and animals found in this region and how the indigenous people have been using them across generations. Finish the walk with a visit to the Pimpilala Waterfalls where you can choose to take a quick dip into the natural pool at the base if time allows. Travel back to the lodge for an included lunch and enjoy a free afternoon to relax and explore the property on your own. You can also choose to participate in any number of the other activities offered onsite. Come back together for a group dinner and celebrate your final night in the mighty Amazon.

Breakfast Lunch Dinner

## **Day 7 :- Tena - Quito**

Enjoy one final breakfast at the Amazon lodge before transferring to Papallacta. Here, take some time to relax in the natural mineral hot pools with volcanic views before travelling back to Quito. The tour ends upon arrival at the airport. Please book onward travel from 8pm onwards.

**Breakfast**





# Tour Prices

Travel Period	Twin	Single Supp/My Own Room	-	-	-
November 2025: 30	RM 4,721				
December 2025: 28	RM 4,721				
March 2026: 15	RM 4,721				
April 2026: 12	RM 5,306				
May 2026: 17	RM 5,306				
June 2026: 28	RM 5,621				
July 2026: 19	RM 5,621				
August 2026: 19	RM 5,621				
September 2026: 27	RM 5,306				

## What's included

Destination [Ecuador](#)  
Departure Location Quito  
Return Location Quito

Price includes

- Accommodations
- Transportation
- CEO/driver throughout, local guides.
- Meals as mentioned

Price does not include

- International air ticket
- Travel insurance
- Others not mentioned above

## Additional Information

ONLY for SOLO TRAVELERS