

12D11N Essential Tibet (ACLK)

Price per person
from
MYR 12705



Tour Description

Embark on a journey of discovery with Sedunia Travel! Experience unique destinations, local culture, delicious cuisine, and unforgettable adventures. Our expert planners will take care of everything. Book now!

Tour Itinerary

Day 1 :- Chengdu

Arrive at any time and get settled in. Your China and Tibet adventure kicks off with a welcome briefing with your CEO and fellow travelers. If you're up for a meal, join your CEO for a local dinner after the briefing.

Day 2 :- Chengdu/Lhasa

Today begins your journey to Tibet. Board a flight to Lhasa and as you make your way off the plane, you will be greeted by your Tibetan CEO. Grab your bags and head to the hotel and join your CEO for an orientation walk of Lhasa.

Day 3 :- Lhasa

Spend the morning with your CEO exploring the Unesco World Heritage site of Jokhang Temple. Walk throughout the complex and take note of the many original pieces still intact from the original construction. Then, continue the tour in Lhasa's oldest district to explore Barkhor Street, an ancient and holy pilgrimage path. Then enjoy free time in the heart of the Tibetan Quarter. We recommend getting some lunch at a local teahouse. In the evening, we'll have a cooking class of traditional Tibetan food and then sit down together to eat what we made.

Day 4 :- Lhasa

Start today's adventure with a visit to the Potala Palace, a UNESCO World Heritage site. This dzong fortress was the winter palace of Dalai Lamas for over three hundred years. Then in the afternoon, visit Sera monastery and witness the monks at debate. This unique cultural practice allows for a deeper understanding of Buddhist philosophy and visitors are allowed to observe as per a set schedule.

Day 5 :- Lhasa/Gyantse

Set off early this morning for Gyantse. The drive to Gyantse is a spectacular one, crossing three passes over 5,000m (16,404 ft) and skirting the shores of the beautiful turquoise lake, Yamdrok Tso. Enjoy a visit to the lake in the morning. Then visit Karola Glacier en route and grab a bite of lunch if you wish in Nagarze.

As you make your way from Lhasa to Gyantse, make a few important stops along the way. First, visit Yamdrok Lake, a stunning freshwater blue lake thought to be part of a sacred group of four lakes guarded by a local deity. Then, drive through Karola Pass en route to Karola glacier where you will stop to admire the view of the Tibetan stupa flanked by glacial mountains all around. Arrive to Gyantse and if you have steam left, join your CEO to hike to the Gyantse Fortress for a birds-eye view of the area.

Day 6 :- Gyantse/Shigatse

Today provides another opportunity to visit a sacred Tibetan Buddhist site in Gyantse. Visit Pelkor Chode Monastery this morning to admire the many sculptures and paintings lining the walls. See Gyantse Kumbum, the iconic multi-leveled edifice. Then, travel to Shigatse and visit the Tashilunpo Monastery, one of the most culturally significant monasteries in Shigatse. Witness monks going about their day and choose to join in with the kora, a meditative practice.

Day 7 :- Shigatse/Sakya

Bid Shigatse farewell and travel onward to Sakya, and visit the Sakya Monastery and Nunnery. Return to the hotel on foot and choose to join your CEO for dinner.

Day 8 :- Sakya/Everest Base Camp

Pack an overnight daypack, and depart to make your way towards your overnight near Everest Basecamp. Visit the Rongbuk Monastery on an easy walk. Tonight, spend the night in yak hair tents that allow you to get as close as possible to Basecamp in the hopes of getting glimpses of Mt Everest. Choose to go on additional hikes to the upper monastery with your CEO.

Please note that the yak hair tents are closed for the winter (October-Early April). Everest Base Camp area may also close without warning due to bad weather, political issues, natural disasters, etc. If we do not stay in the tented camp, we will stay in a local guesthouse with an incredible view of the Himalayas on a clear day.

Day 9 :- Everest Base Camp/Kyirong

Depart Everest and make your way back the way you came to the entrance of the park. Board a private vehicle headed to Kyirong. This border town is known for its warmer climate and green landscape. Relax and enjoy the view.

Day 10 :- Kyirong/Kathmandu

Today, cross the border into Nepal. The overland journey from Tibet to Nepal is considered one of the most stunning drives in Asia. Once across the border, travel to Kathmandu to enjoy a final evening in the city.

Prepare for another beautiful driving day on your way to Nepal. Cross high mountain passes amongst fluttering prayer flags, enjoy jaw dropping views of the Himalayan range, stunning lakes and forest, then begin to descend in altitude towards lush, green Nepal. After immigration, cross the bridge joining Tibet and Nepal by foot. Jump in the vehicle and make the winding, bumpy, yet extremely scenic drive to Kathmandu.

Kyirong-Rasuwa is the main customs border crossing between Tibet and Nepal, for tourists and for commercial purpose. As such, it can be quite busy and there can be long wait times.

Day 11 :- Kathmandu

Join your CEO on a morning exploration of Bhaktapur. A World Heritage Site, Bhaktapur is made up of three large squares filled with shrines, temples and plenty of activity. In its heyday, Bhaktapur was the most powerful of the Kathmandu Valley kingdoms and its capital for 300 years. Return to Kathmandu for the afternoon at leisure. Join your CEO for an optional farewell dinner to your incredible journey through China, Tibet and Nepal.

Day 12 :- Kathmandu

Depart at any time.

Tour Prices

Category	Travel Period	Twin	Single	-	-
Standard	May 2026 : 29	RM 13,650	On Request		
	June 2026: 5, 19, 26	RM 13,650	On Request		
	July 2026: 3, 17, 31	RM 14,060	On Request		
	August 2026: 14, 21, 28	RM 14,060	On Request		
	September 2026: 4, 11, 18	RM 13,650	On Request		
	October 2026: 23	RM 12,705	On Request		

What's included

Destination [China](#) , [Nepal](#)

Departure Location Chengdu

Return Location Kathmandu

Price does not include

- ~ International flight ticket
- Travel insurance
- Visa (if any)
- ~ Tippings
- Others not mentioned